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January's Tasty Recipe List

The theme for January is Ice Fishing. The following recipe is provided for you to make warm drinks, but not your normal coffee. These are drinks that you can bring with you or you can prepare while you are in your shanty if it has a burner. Visit www.take-it-outside.org for event listings, outdoor activities describing seasonal & natural events, a new recommended reading list each month, and much more!

Hot Cocoa

2 cups powdered sugar
1 cup cocoa (Dutch-process preferred)
2½ cups powdered milk
1 teaspoon salt
2 teaspoons cornstarch
1 pinch cayenne pepper, or more to taste
Hot water

Combine all ingredients in a mixing bowl and incorporate evenly (I would do this the night before and put into a container). In a small pot, heat 4 to 6 cups of water.

Fill your mug half full with the mixture and pour in hot water. Stir to combine. This also works great with warm milk.